

Assumption of Risk, Waiver and Release of Liability

Version 1

ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY

I am the athlete or the parent/legal guardian of the athlete named in this registration. I understand wrestling, strength and conditioning, and related activities at JV GOLD Sports Performance HQ and Future Champions Elite events are physical, involve close contact and carry risks, including injury, serious injury, disability, and in rare cases death. I knowingly and voluntarily accept those risks.

To the fullest extent allowed by law, I release and agree not to hold liable [ENTITY NAMES], their owners, coaches, staff, volunteers, landlord and facility owner from claims arising from participation, including claims of ordinary negligence.

I confirm the athlete is physically able to participate and I will tell staff about any condition that changes. I authorize staff to obtain emergency medical care for the athlete if I cannot be reached and accept responsibility for the cost. I agree to follow facility rules and the Code of Conduct.

I have read this document and understand it.

Signature, printed name, relationship, date.

Signature

Printed name

Relationship to athlete

Date

A parent or legal guardian must sign for any athlete under 18.