

Code of Conduct

Version 1

ATHLETES

Arrive on time and ready. Respect coaches, teammates, opponents and officials. No bullying, hazing, fighting outside of live drills, or foul language. Keep grades up. Take care of the mats, facility and gear. Keep social media posts positive and representative of the team. Wrestle with class: shake hands, win humbly, lose gracefully. Weight cutting only as directed by coaches and parents, never unsafe.

PARENTS AND GUESTS

Be supportive and positive. Coaches coach; parents cheer. No coaching from the stands, no arguing with coaches or officials. Pick up on time. Keep sidelines and facility clean. Communicate concerns privately and respectfully with Jesse.

COACHES AND STAFF

Put athlete safety first. Model respect and faith-centered leadership. Never be alone one-on-one with a minor in a closed or unobserved space. Report injuries and incidents to Jesse the same day.

SAFETY

Report injuries immediately. Sick or contagious athletes stay home. Skin checks per tournament rules.

CONSEQUENCES

Warning, parent conversation, suspension, removal — at Jesse's discretion for serious or repeated violations.

Signature

Printed name

Relationship to athlete

Date

A parent or legal guardian must sign for any athlete under 18.